

The Fight Against Infection Starts at Home

HOI would like to assist you in reducing the chance of acquiring a Surgical Site Infection (SSI). Along with your surgeon, we ask that you please utilize these complimentary products at home beginning five days before your surgery including the morning of your procedure. ***Use the shower foam once a day and the nasal sanitizer twice a day.*** All remaining product may be used until it is gone after your procedure.

Together, we get you back to you!

Hoag
Orthopedic
Institute



Shower and bathing instructions

Dyna-Hex with CHG



To help reduce risk of infection, it's important to wash bacteria from your skin. Please follow these instructions.

- 1 | Talk with your doctor before showering or bathing if you have any open skin area(s).
- 2 | If you plan to wash your hair, use your regular shampoo; then, rinse your hair and body thoroughly to remove any residue.
- 3 | Thoroughly rinse your body with water from your neck down.
- 4 | Step away from the water stream before applying Dyna-Hex to prevent rinsing it off too soon. Apply Dyna-Hex to your entire body from your neck down, using provided shower mitten or your hands.
- 5 | Do not use Dyna-Hex on or near your eyes, ears, nose, mouth or genitals.
- 6 | Apply the minimum amount of product necessary to cover the skin area and wash gently, using the sand timer, leave Dyna-Hex on body for 2 minutes.
- 7 | Rinse thoroughly with warm water.
- 8 | Do not wash with regular soap after using Dyna-Hex.
- 9 | Pat yourself dry with a fresh towel.
- 10 | Put on freshly laundered clothing and use clean bed linens.

Use Dyna-Hex Foam only as directed. See product label for full information and precautions.

References 1. HAI Data and Statistics. Centers for Disease Control and Prevention. Available at: <http://www.cdc.gov/HAI/surveillance/> Accessed July 18, 2016. 2. Centers for Disease Control and Prevention website. Guideline for Prevention of Surgical Site Infection, 1999. Preparation of the patient. Available at: <https://www.cdc.gov/infectioncontrol/guidelines/ssi/index.html>. Accessed June 3, 2019. 3. Pyrek KM. Environmental Hygiene: A Refresher for IPS and EVS Professionals. Infection Control Today. 21016; September: 12-28.

Appendix

CHG COMPATIBLE MOISTURIZERS

Alpha Hydrox Silk Wrap Body Lotion

Amlactin Cream

Amlactin Lotion

Aqua Glycolic Hand and Body Lotion

Aveeno Moisturizing Lotion

Cetaphil Moisturizing Cream

Cetaphil Moisturizing Lotion

Clairol Herbal Essence Moisturizing Lotion, Dry Skin

Clairol Herbal Essence Moisturizing Lotion, Extra Dry Skin

Clairol Herbal Essence Moisturizing Lotion, Normal Skin

Curel Age Defying Therapeutic Moisturizing Lotion with Alpha Hydroxy

Curel Extreme Care Body Lotion

Curel Soothing Hands Moisturizing Hand Lotion

Curel Therapeutic Moisturizing Cream, Fragrance Free

Curel Therapeutic Moisturizing Lotion, Fragrance Free

Curel Therapeutic Moisturizing Lotion, Original Formula

Cutemol Emollient Skin Cream

Eucerin Daily Replenishing Lotion

Eucerin Dry Skin Therapy Plus Alpha Hydroxy Crème

Eucerin Dry Skin Therapy Plus Alpha Hydroxy Lotion

Eucerin Original Crème

Eucerin Original Lotion

Eucerin Plus Crème

Eucerin Plus Lotion

Eucerin TriLipid Replenishing Lotion

Jergens SkinCare Ultra Healing Cream

Keri Anti-Bacterial Hand Lotion

Keri Deep Conditioning Original Lotion Dry Skin Formula Softly Scented

Keri Deep Conditioning Original Lotion, Fragrance Free Sensitive Skin

Formula

Keri Lotion Fast Absorbing Fragrance Free Sensitive Skin Formula

Keri Lotion Fast Absorbing Softly Scented Dry Skin Formula

Keri Original Lotion

Keri Skin Renewal Lotion

Keri Silky Smooth Lotion

Keri Silky Smooth Sensitive Skin Lotion

Lacticare Lotion

Moisturel Cream

Moisturel Lotion

Neoteric Diabetic Skin Therapy Oxygenated

Advanced Healing Lotion

Neutrogena Norwegian Formula Hand Cream

Nivea Body Creamy Conditioning Oil

Nivea Body Extra Enriched Lotion

Nivea Body Original Lotion

Nivea Body Sheer Moisturizing Lotion

Nivea Crème

Nivea Skin Firming Lotion

NutraDerm 30 Skin Lotion

NutraDerm Skin Lotion

NutraDerm Therapeutic Skin Cream

NutraDerm Therapeutic Skin Lotion

Pacquin Plus with Aloe Skin Cream

ProShield Protective Hand Cream

Queen Helene Cocoa Butter Hand and Body Lotion

Ultramide 25 Intensive Moisture for Extra Dry, Scaly or Calloused Skin

Vanicream Lite Skin Care Lotion

Vanicream Skin Cream

Vaseline Intensive Care, Water Resistant Lotion

Vaseline Intensive Care, Solutions Young Hands

Working Hands Crème