

Daily Hibiclens® chlorhexidine gluconate (CHG) Fact Sheet

What is HIBICLENS®?

- Hibiclens® is both a soap and an antiseptic that kills germs on contact.
- The active ingredient, CHG, safely binds to the skin and can continue killing germs for up to 24 hours.
- Hibiclens® has a cumulative effect, so the protection against germs increases with repeated use.

How do I bathe or shower with Hibiclens®?

1. Keep Hibiclens away from your eyes, mouth, ears and genital area.
2. Wash your face with regular cleansing soap and use shampoo to wash your hair.
3. Rinse hair and body thoroughly to remove any shampoo residue.
4. If showering: Move away from the shower stream when applying Hibiclens to avoid rinsing off too soon.
5. Apply Hibiclens directly to a wet shower mesh (preferred) or washcloth and wash gently from the neck down (**except genitals**).
6. Rinse thoroughly with warm water.
7. **DO NOT** use regular soap after applying and rinsing Hibiclens.
8. Dry skin with a clean towel.
9. If lotions or creams are required, use only those that have the main ingredient of water (and that are compatible with CHG). **AVOID** petroleum-based lotions or creams.
10. **DO NOT** apply powder or deodorant.
11. Put on freshly laundered undergarments and clothes after bathing.

