

The Fight Against Infection Starts at Home

HOI would like to assist you in reducing the chance of acquiring a Surgical Site Infection (SSI). Along with your surgeon, we ask that you please utilize these complimentary products at home beginning five days before your surgery including the morning of your procedure. ***Use the shower foam once a day and the nasal sanitizer twice a day.*** All remaining product may be used until it is gone after your procedure.

Together, we get you back to you!

Hoag
Orthopedic
Institute

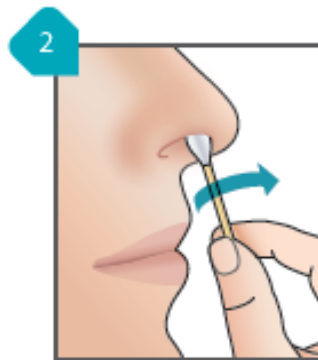


Four simple steps for twice a day use

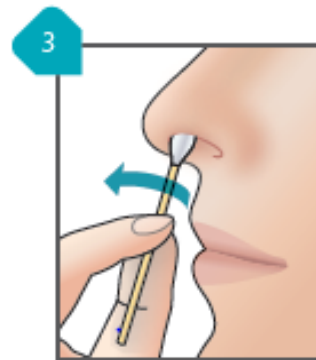
How to use Antiseptic Alcohol Nasal Swabs



Use a tissue to clean the inside of both nostrils, including the inside tip of nostril. **Discard.**



Open packet, insert swab comfortably into right nostril and rotate for **30 seconds**, covering all surfaces.



Using **same** swab, repeat step 2 with left nostril. **Discard swabstick.**



Do not blow nose. If solution drips, gently wipe with a tissue. **Discard.**

Medline Industries, Inc. Three Lakes Drive, Northfield, IL 60093 | 1-800-MEDLINE (633-5463)
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Refresh
YOUR PREP



This simple step can help reduce your SSI risk.



Quick, clear and easy



Pleasant kiwi scent



Moisturizing ingredients added

One of the best ways we can help you have a successful surgery is to reduce your risk for surgical site infections (SSIs)—and a whopping **80 percent** of SSIs can be traced to the bacteria inside your own nose^{1,2,3}.

Most of us live normal, healthy lives with these bacteria in our nasal cavities, but events like surgery can make us vulnerable to them.

Fortunately, evidence shows that simple steps—like a gentle, thorough cleansing of the nose with an antiseptic swab—can prevent up to **60 percent** of SSIs⁴.



of SSIs can be traced to the bacteria inside your own nose^{1,2,3}



of SSIs⁴ are preventable